ShepNet Computer Learning Center

ShepNet

Computer Center for Seniors

shepnetgreensboro.org

"Computer Cleaning"

Why do it?

What does it do?

How do I do it?

Why do it?

It will remove from your system:

- Temporary Internet files
- Temporary files
- Spyware (also known as Malware)
- Old, unnecessary install files

What does it do?

- Your system performs much better.
- Protects against spyware and malware.
- Dramatically reduces problems.
- Adds security and stability to your system.

OK…how do I do it?

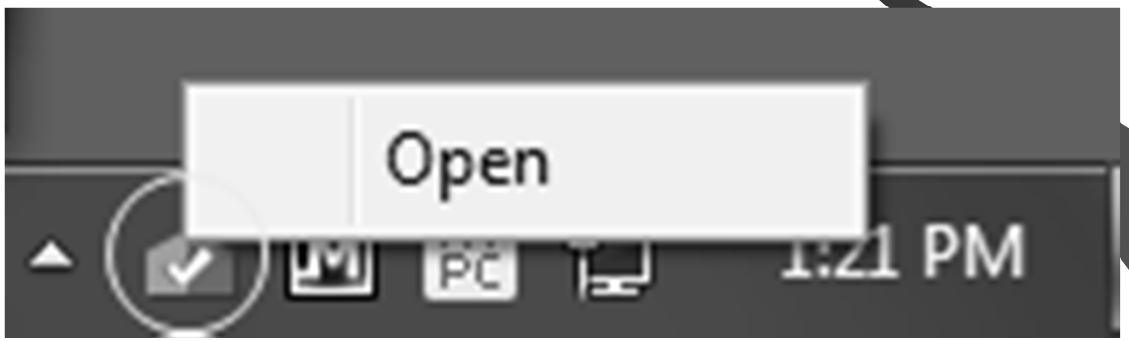
- How often?
- In what order?

Try to do it in this order:

- Check your main security programs.
  - Microsoft Security Essentials (or whatever you use)
  - Malwarebytes (or whatever you use)
- Check for Microsoft updates.
- Run Malwarebytes.
- Run Ccleaner.
  - Cleaner – Registry - Startup
- Defrag your hard drive.

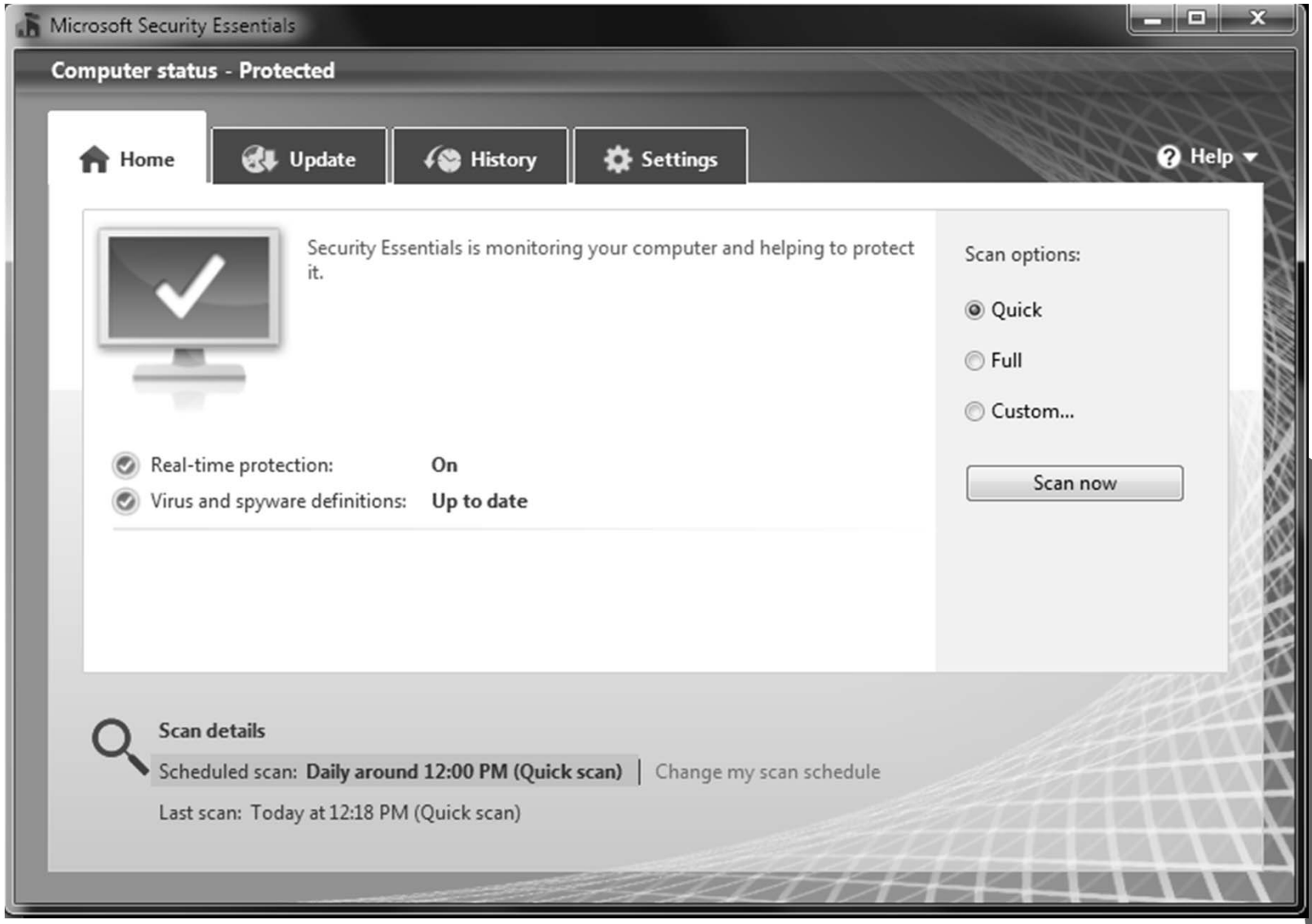
Go to System Bar on Task Bar

(the lower right corner of computer screen)



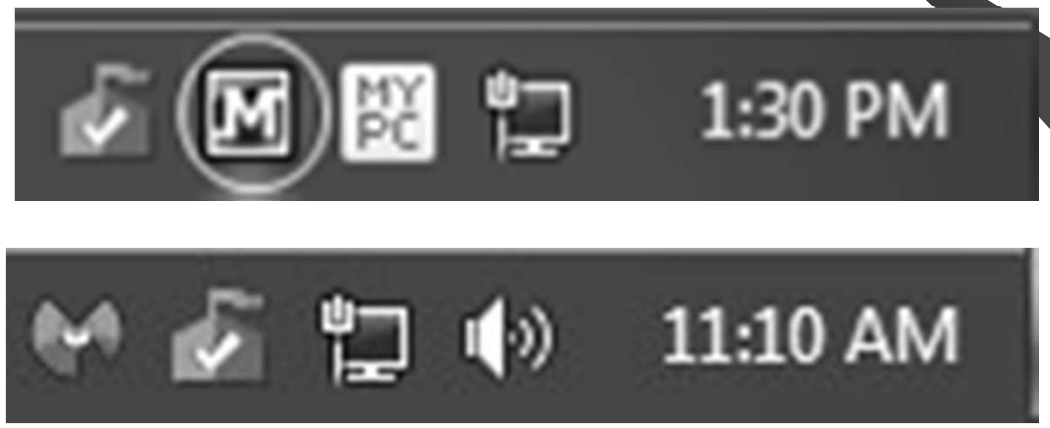
Left click on the Antivirus icon

(some may require a double click)

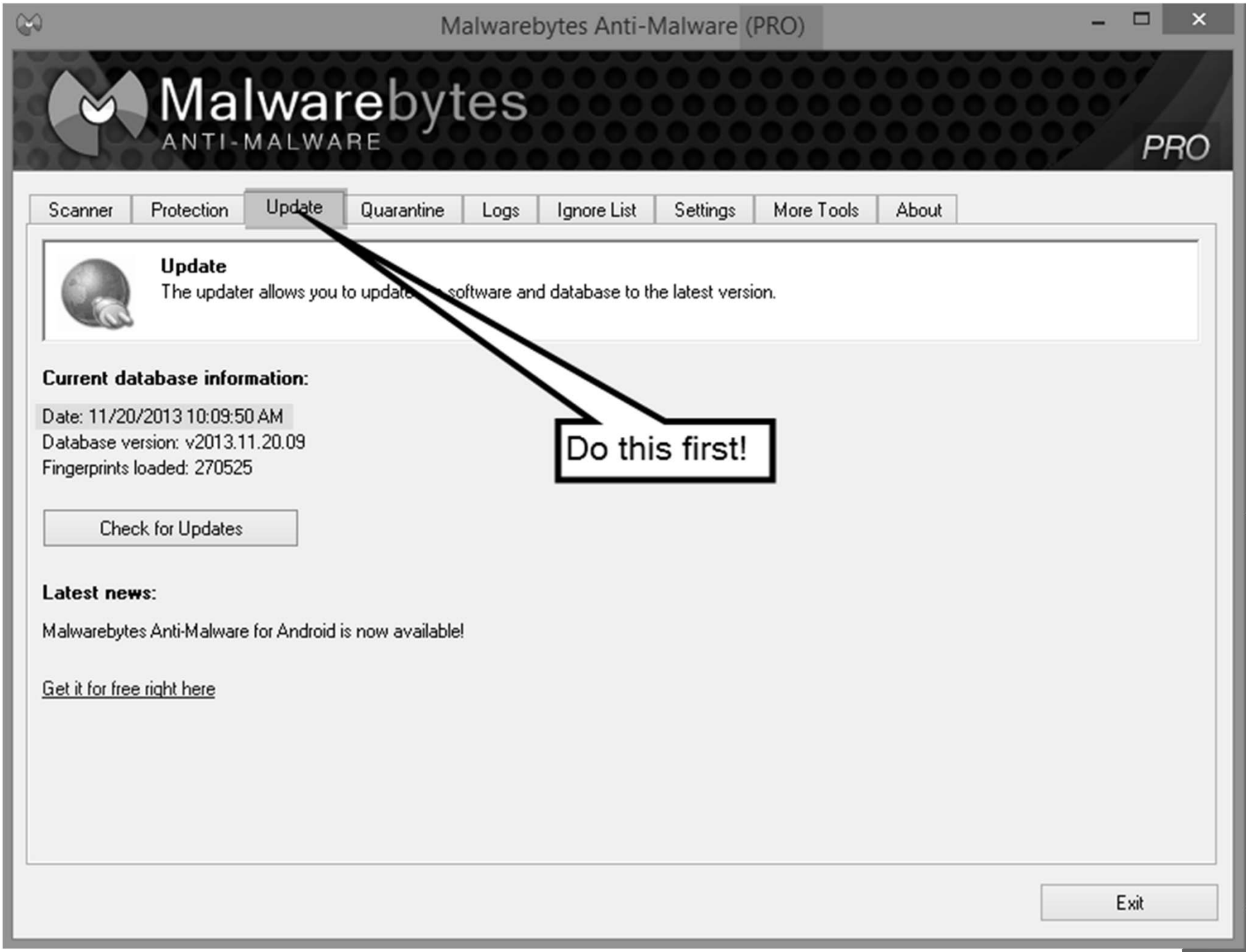

Microsoft Security Essentials
Computer status - Protected
Home
Update
History
Settings
Help
Security Essentials is monitoring your computer and helping to protect it.
Real-time protection: On
Virus and spyware definitions: Up to date
Scan options:
Quick
Full
Custom...
Scan now
Scan details
Scheduled scan: Daily around 12:00 PM (Quick scan)
Change my scan schedule
Last scan: Today at 12:18 PM (Quick scan)

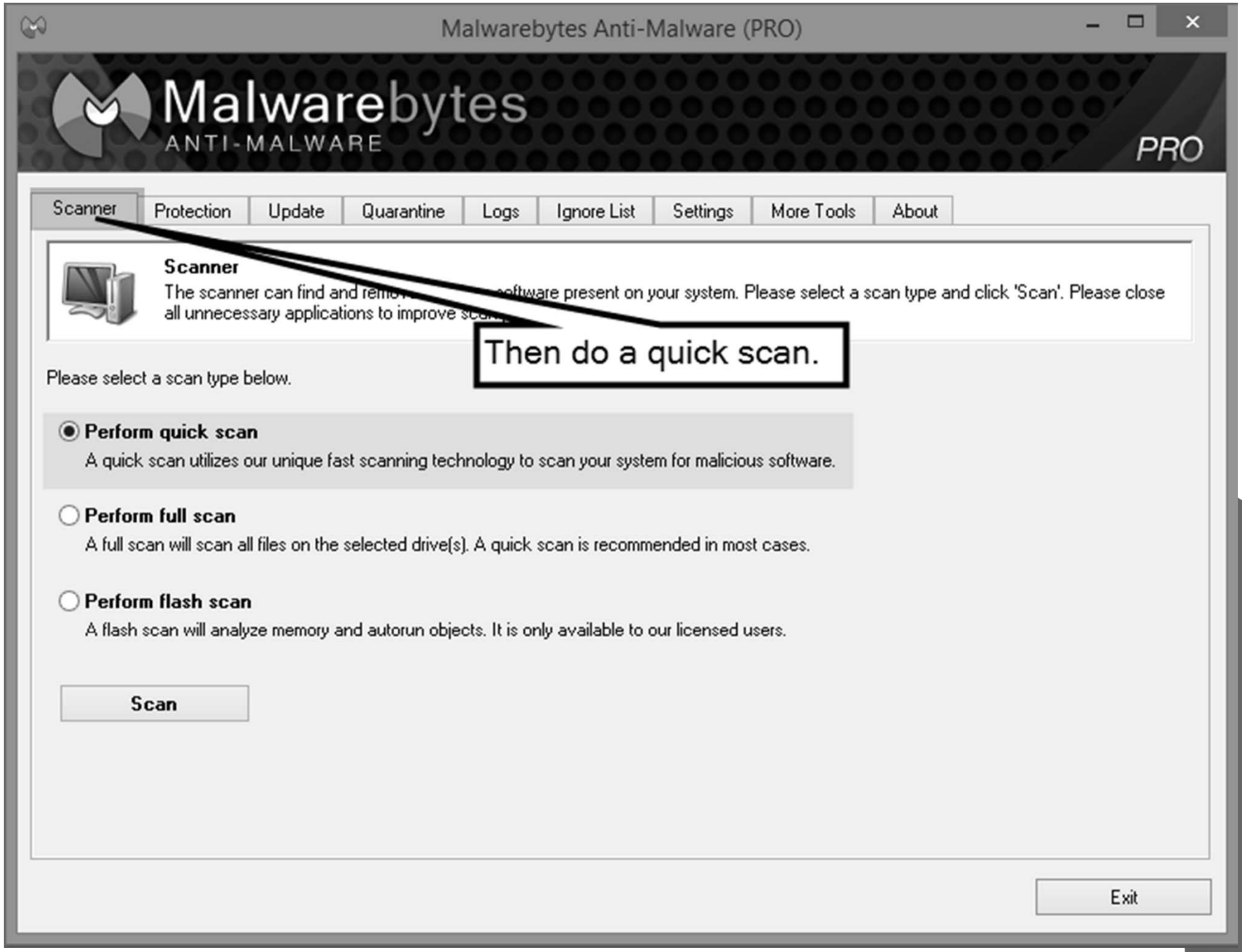
Go to System Bar on Task Bar

(the lower right corner of computer screen)

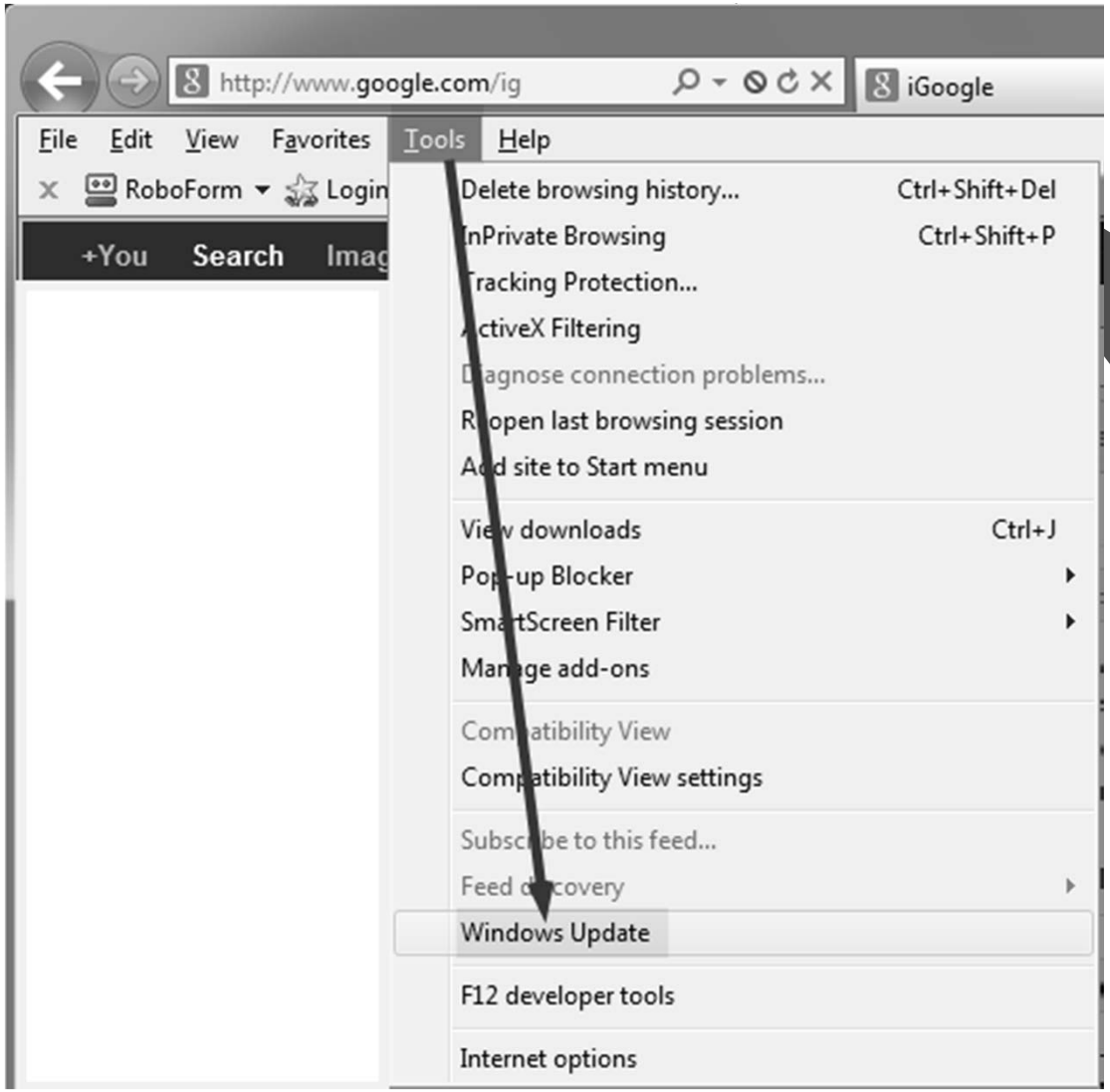


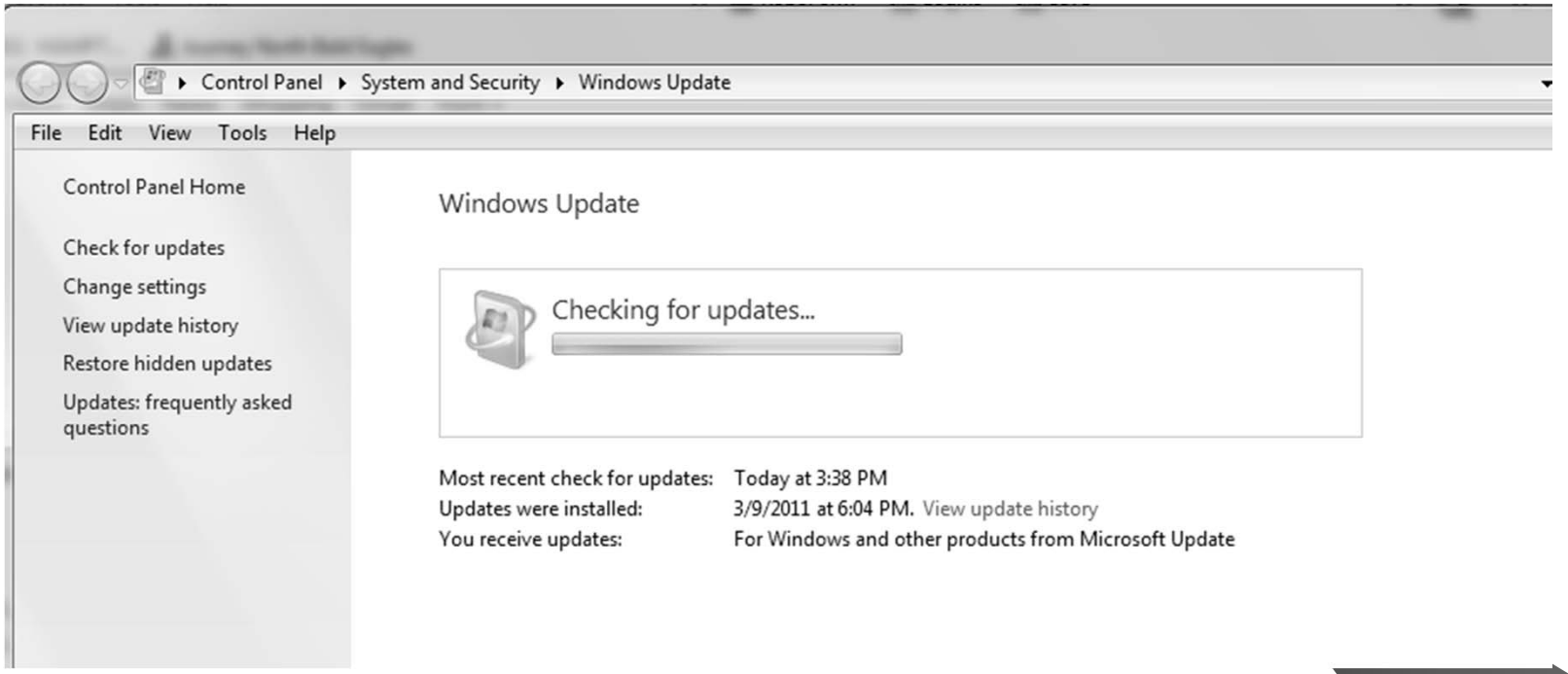
Double click on the icon

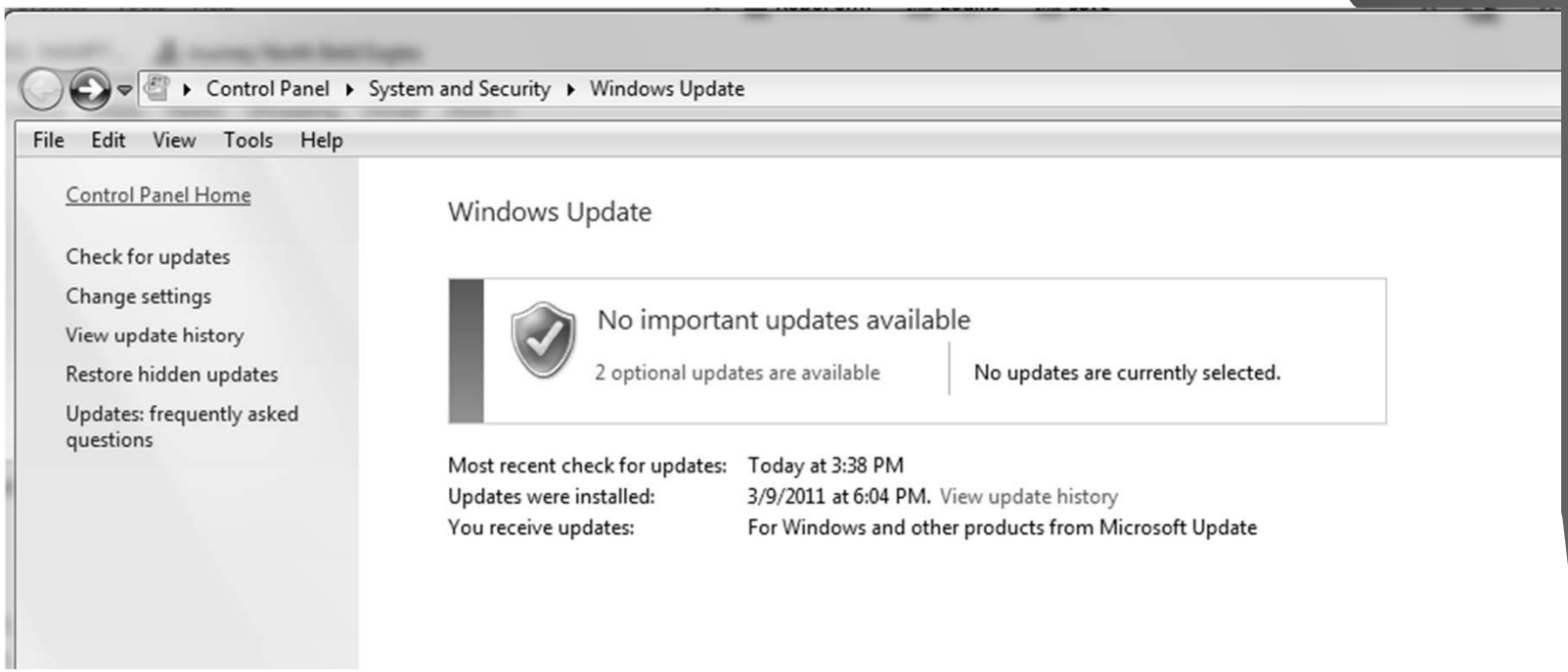

Malwarebytes Anti-Malware (PRO)
Malwarebytes
ANTI-MALWARE
PRO
Scanner
Protection
Update
Quarantine
Logs
Ignore List
Settings
More Tools
About
Update
The updater allows you to update software and database to the latest version.
Current database information:
Date: 11/20/2013 10:09:50 AM
Database version: v2013.11.20.09
Fingerprints loaded: 270525
Do this first!
Check for Updates
Latest news:
Malwarebytes Anti-Malware for Android is now available!
Get it for free right here
Exit


Malwarebytes Anti-Malware (PRO)
Malwarebytes
ANTI-MALWARE
PRO
Scanner
Protection
Update
Quarantine
Logs
Ignore List
Settings
More Tools
About
Scanner
The scanner can find and
software present on your system. Please select a scan type and click 'Scan'. Please close
all unnecessary applications to improve
Then do a quick scan.
Please select a scan type below.
Perform quick scan
A quick scan utilizes our unique fast scanning technology to scan your system for malicious software.
Perform full scan
A full scan will scan all files on the selected drive(s). A quick scan is recommended in most cases.
Perform flash scan
A flash scan will analyze memory and autorun objects. It is only available to our licensed users.
Scan
Exit

Just in case, check to see if any critical updates are missing…




Control Panel ▸ System and Security ▸ Windows Update
File Edit View Tools Help
Control Panel Home
Check for updates
Change settings
View update history
Restore hidden updates
Updates: frequently asked questions
Windows Update
Checking for updates...
Most recent check for updates: Today at 3:38 PM
Updates were installed: 3/9/2011 at 6:04 PM. View update history
You receive updates: For Windows and other products from Microsoft Update


Control Panel ▸ System and Security ▸ Windows Update
File Edit View Tools Help
Control Panel Home
Check for updates
Change settings
View update history
Restore hidden updates
Updates: frequently asked questions
Windows Update
No important updates available
2 optional updates are available
No updates are currently selected.
Most recent check for updates: Today at 3:38 PM
Updates were installed: 3/9/2011 at 6:04 PM. View update history
You receive updates: For Windows and other products from Microsoft Update

www.malwarebytes.org

Malwarebytes | For Home ▼ | For Business ▼ | Support ▼ | Partners ▼ | Company ▼

Malwarebytes Anti-Malware

Thank you for your download…

Your download should begin shortly. If it does not then click the Download button below.

Please note you must open and run the file once it has finished downloading.

Download Now

Malwarebytes PRO Tip: If you find Malware in your free scan consider upgrading to our PRO Version.The PRO version stops Malware dead in its tracks, never allowing it to access your PC. To learn more visit the Malwarebytes Anti-Malware Pro page.

PRO Version Features:

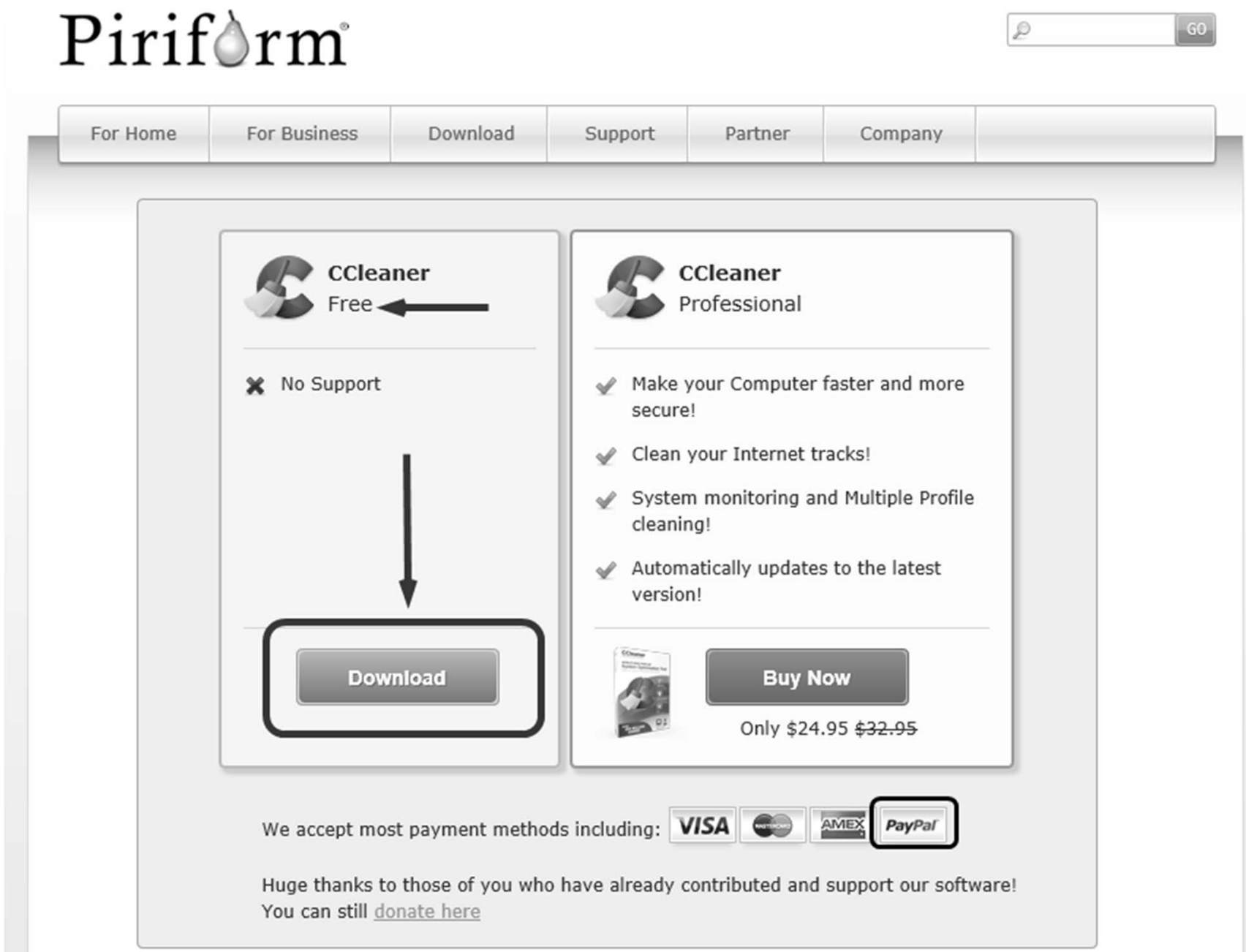
- Real-Time Active Malware Prevention Engine Blocks Known Threats
- Heuristic Protection Prevents New Zero Day Malware Infections
- Malicious Website Protection Blocks Access to Known and Zero Day Malicious Web Content
- Automatic Priority Updates and Scheduled Scanning
- Blazing Fast Flash Scans

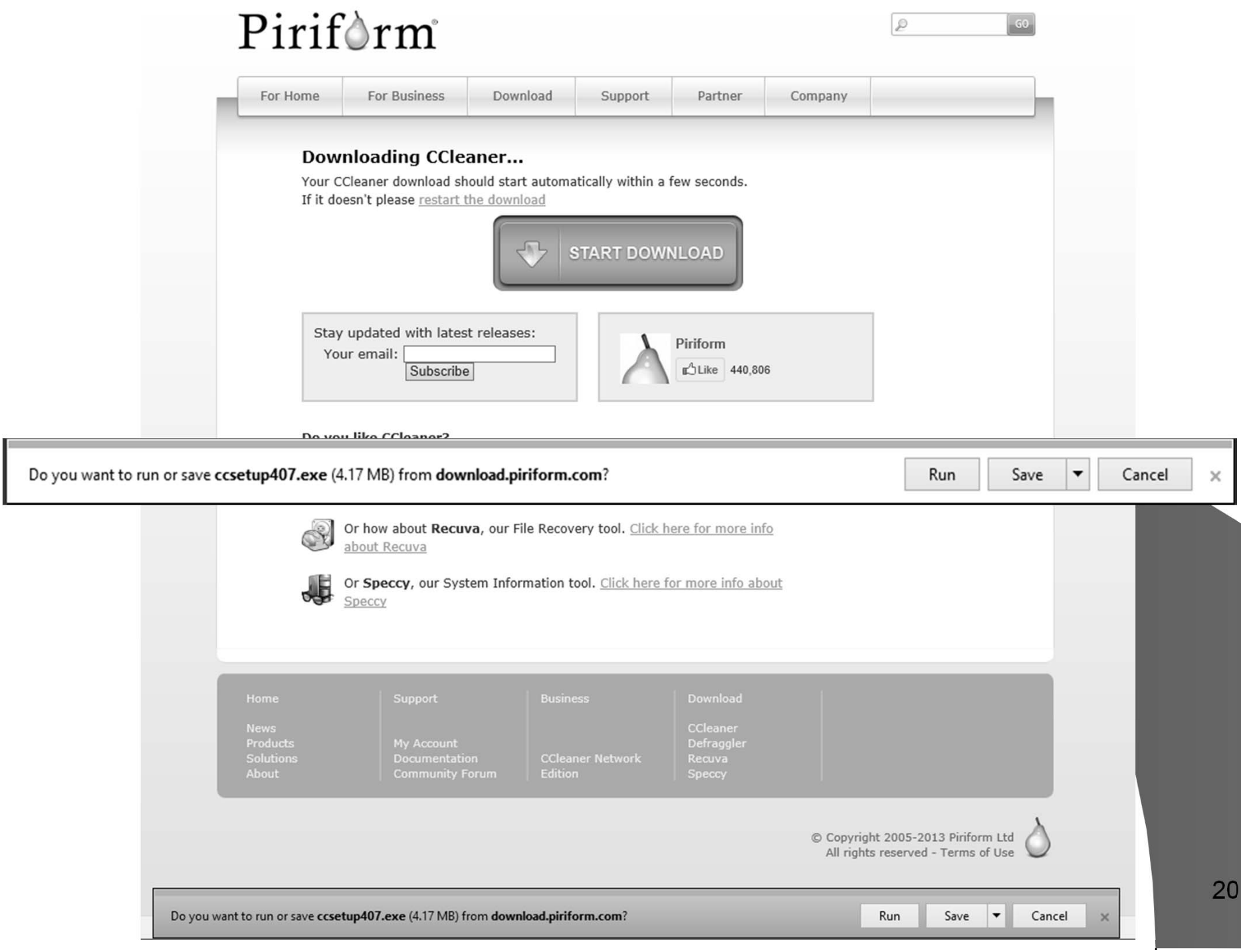
Do you want to run or save **mbam-setup-1.75.0.1300.exe** (9.80 MB) from **data-cdn.mbamupdates.com**? Run | Save | Cancel

If you have the “Pro” version, you don’t have to do anything.

Ccleaner is a one stop cleanup.

www.piriform.com


Piriform
GO
For Home
For Business
Download
Support
Partner
Company
CCleaner
Free
No Support
Download
CCleaner
Professional
Make your Computer faster and more secure!
Clean your Internet tracks!
System monitoring and Multiple Profile cleaning!
Automatically updates to the latest version!
Buy Now
Only $24.95 $32.95
We accept most payment methods including:
VISA
AMEX
PayPal
Huge thanks to those of you who have already contributed and support our software!
You can still donate here


Piriform
GO
For Home
For Business
Download
Support
Partner
Company
Downloading CCleaner...
Your CCleaner download should start automatically within a few seconds.
If it doesn't please restart the download
START DOWNLOAD
Stay updated with latest releases:
Your email:
Subscribe
Piriform
Like 440,806
Do you want to run or save ccsetup407.exe (4.17 MB) from download.piriform.com?
Run
Save
Cancel
Or how about Recuva, our File Recovery tool. Click here for more info about Recuva
Or Speccy, our System Information tool. Click here for more info about Speccy
Home
News
Products
Solutions
About
Support
My Account
Documentation
Community Forum
Business
CCleaner Network Edition
Download
CCleaner
Defraggler
Recuva
Speccy
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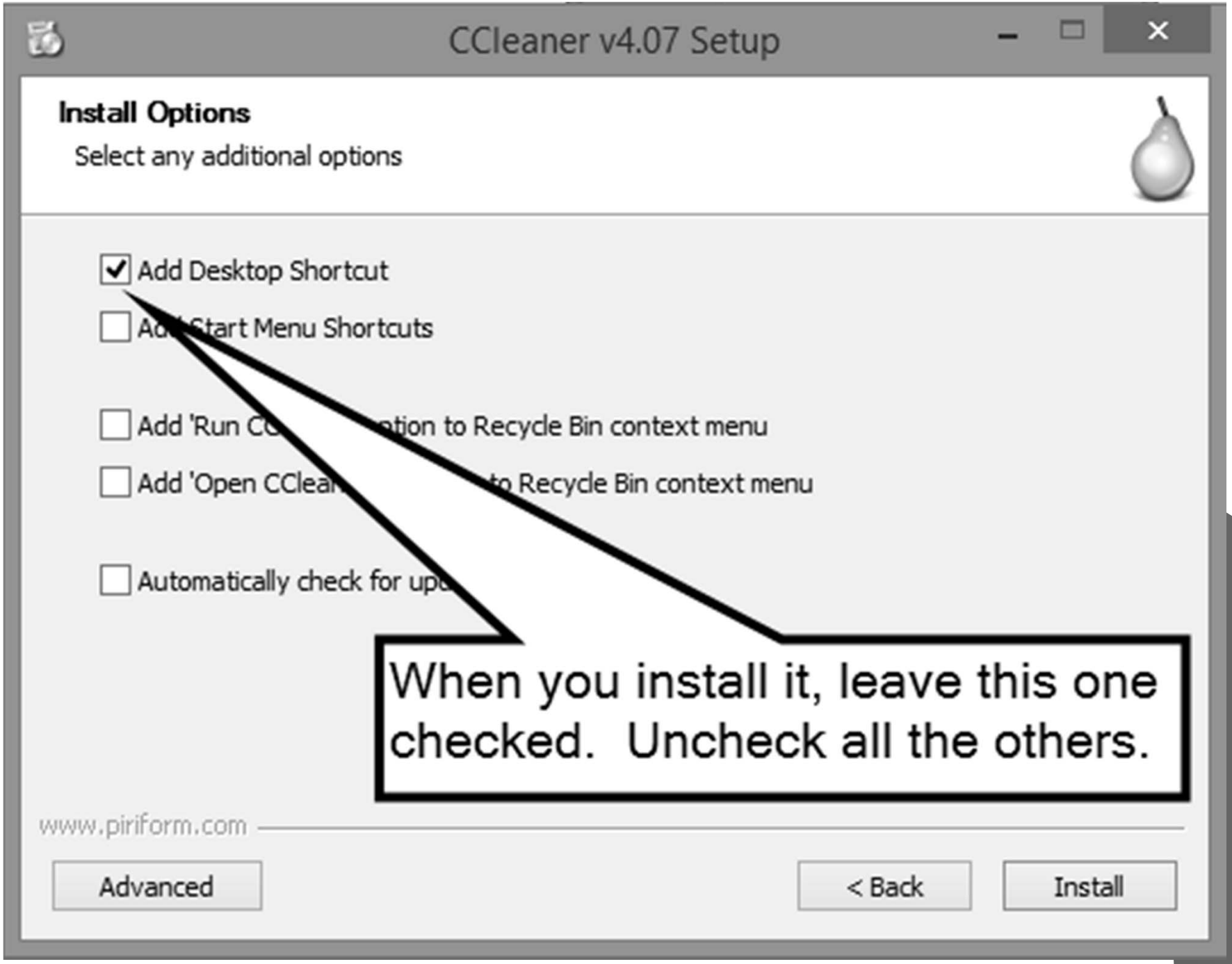
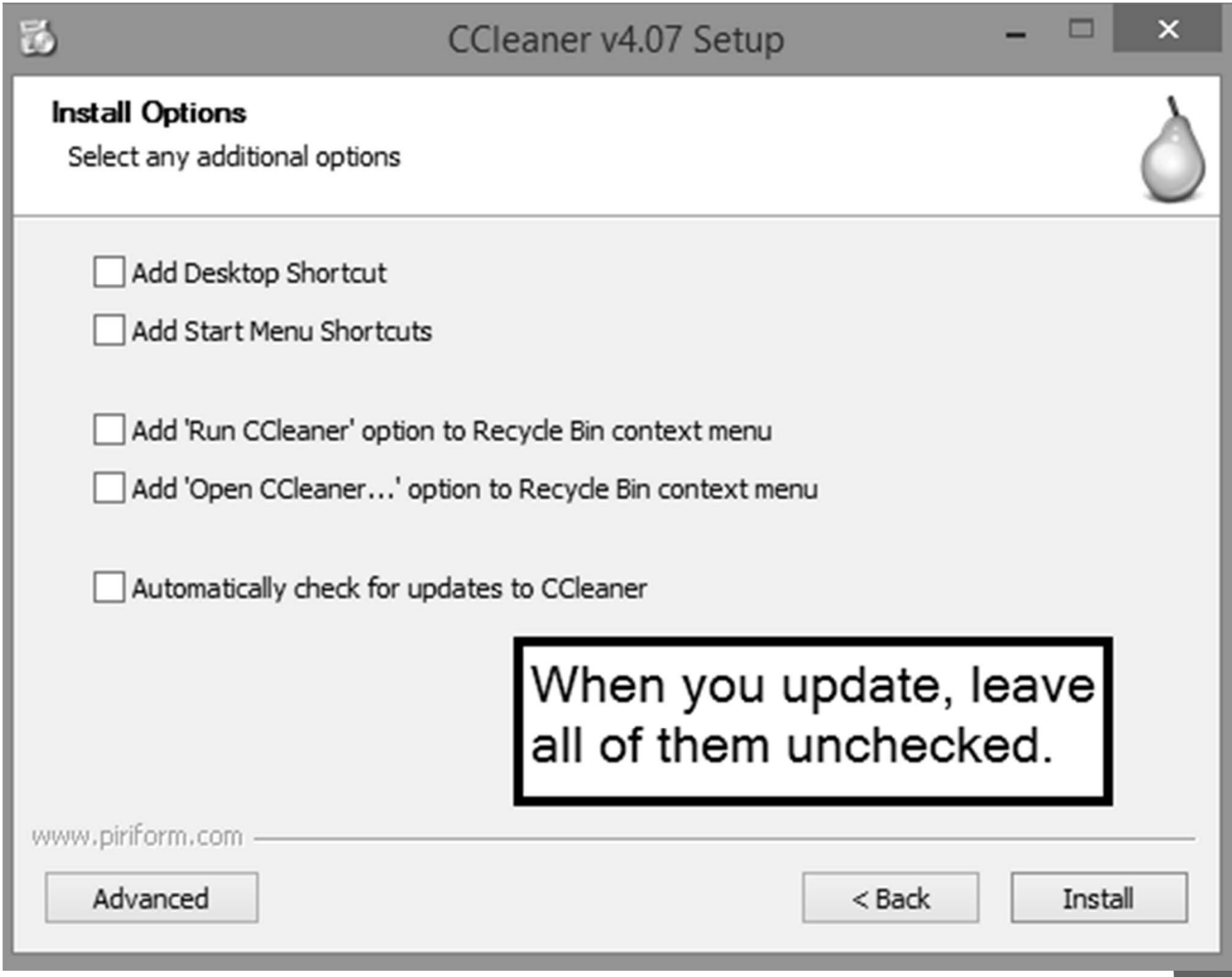
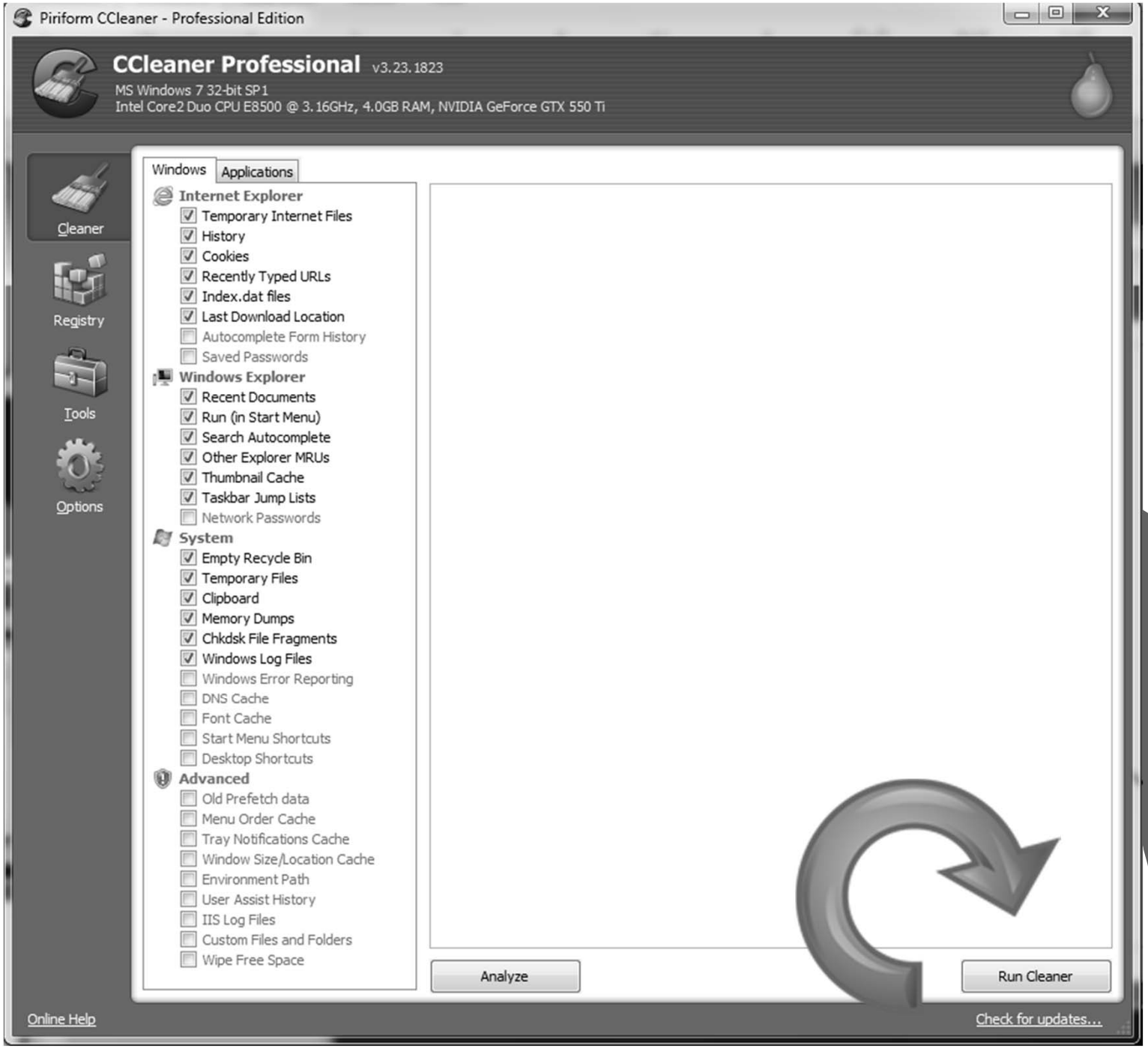
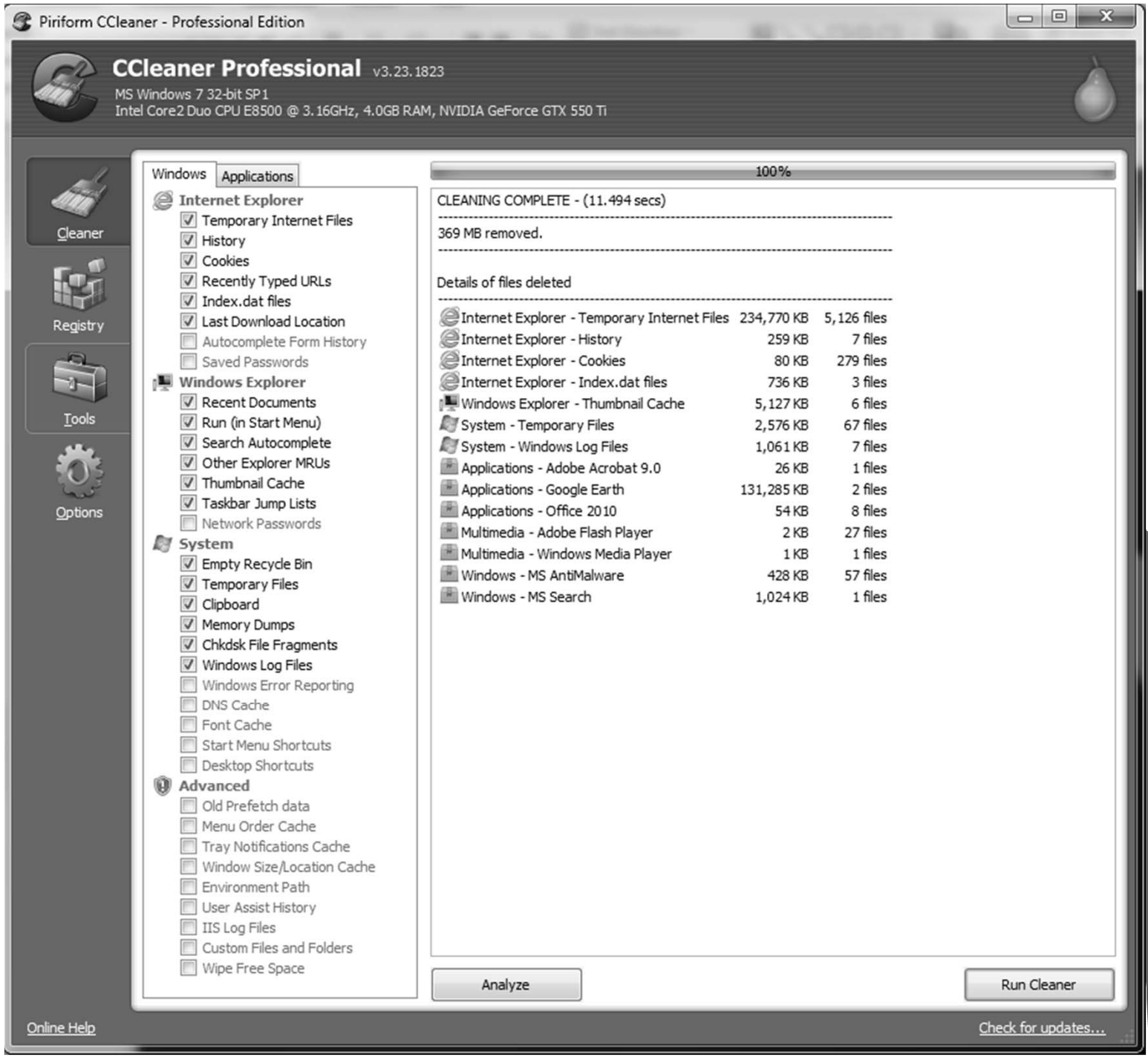
Do you want to run or save ccsetup407.exe (4.17 MB) from download.piriform.com?
Run
Save
Cancel


CCleaner v4.07 Setup
Install Options
Select any additional options
Add Desktop Shortcut
Add Start Menu Shortcuts
Add 'Run CC
ption to Recycle Bin context menu
Add 'Open CClean
to Recycle Bin context menu
Automatically check for upd
When you install it, leave this one checked. Uncheck all the others.
www.piriform.com
Advanced
< Back
Install


CCleaner v4.07 Setup
Install Options
Select any additional options
Add Desktop Shortcut
Add Start Menu Shortcuts
Add 'Run CCleaner' option to Recycle Bin context menu
Add 'Open CCleaner...' option to Recycle Bin context menu
Automatically check for updates to CCleaner
When you update, leave all of them unchecked.
www.piriform.com
Advanced
< Back
Install


Piriform CCleaner - Professional Edition
CCleaner Professional v3.23.1823
MS Windows 7 32-bit SP1
Intel Core2 Duo CPU E8500 @ 3.16GHz, 4.0GB RAM, NVIDIA GeForce GTX 550 Ti
Cleaner
Registry
Tools
Options
Windows
Applications
Internet Explorer
Temporary Internet Files
History
Cookies
Recently Typed URLs
Index.dat files
Last Download Location
Autocomplete Form History
Saved Passwords
Windows Explorer
Recent Documents
Run (in Start Menu)
Search Autocomplete
Other Explorer MRUs
Thumbnail Cache
Taskbar Jump Lists
Network Passwords
System
Empty Recycle Bin
Temporary Files
Clipboard
Memory Dumps
Chkdsk File Fragments
Windows Log Files
Windows Error Reporting
DNS Cache
Font Cache
Start Menu Shortcuts
Desktop Shortcuts
Advanced
Old Prefetch data
Menu Order Cache
Tray Notifications Cache
Window Size/Location Cache
Environment Path
User Assist History
IIS Log Files
Custom Files and Folders
Wipe Free Space
Analyze
Run Cleaner
Online Help
Check for updates...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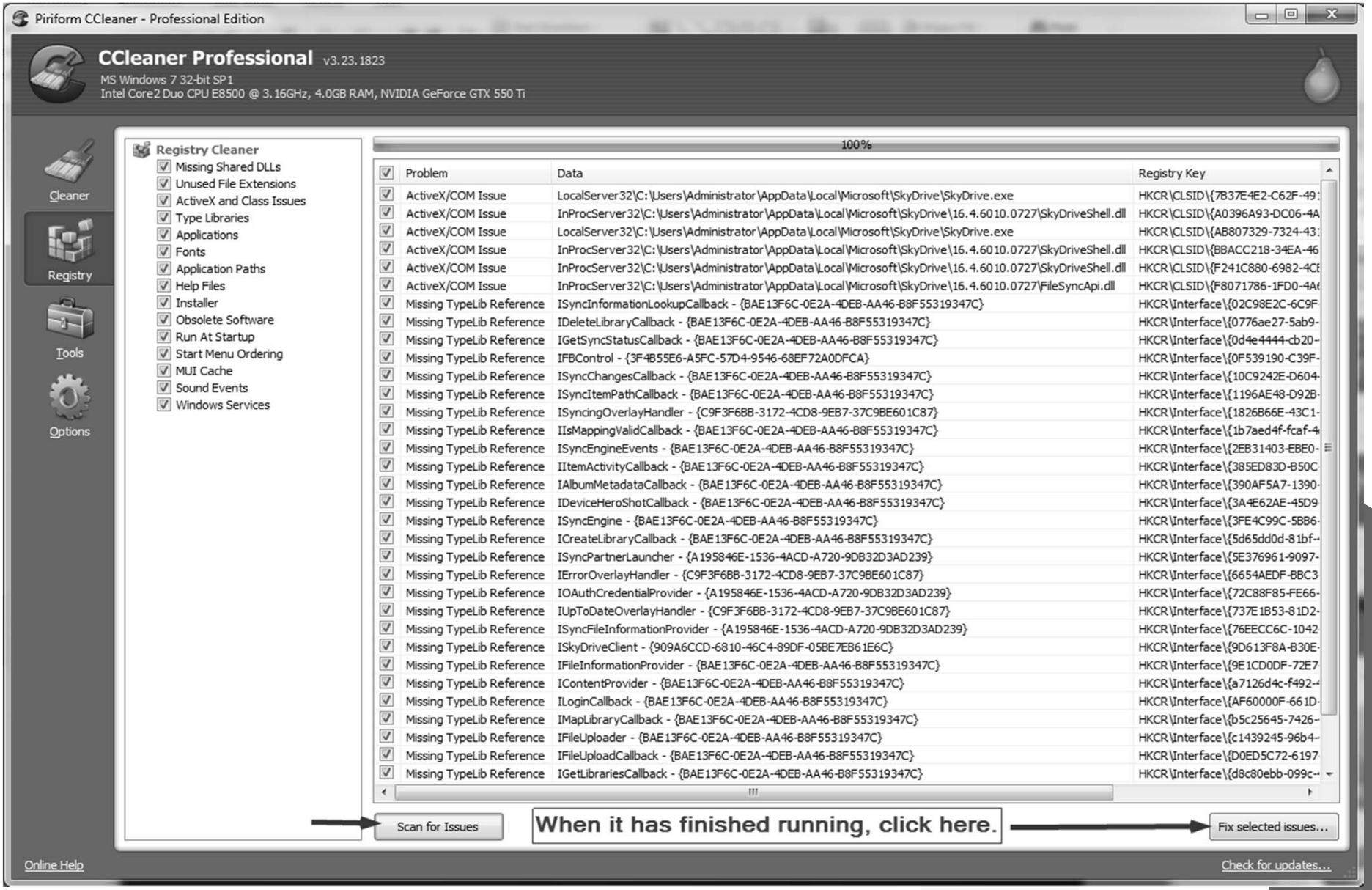
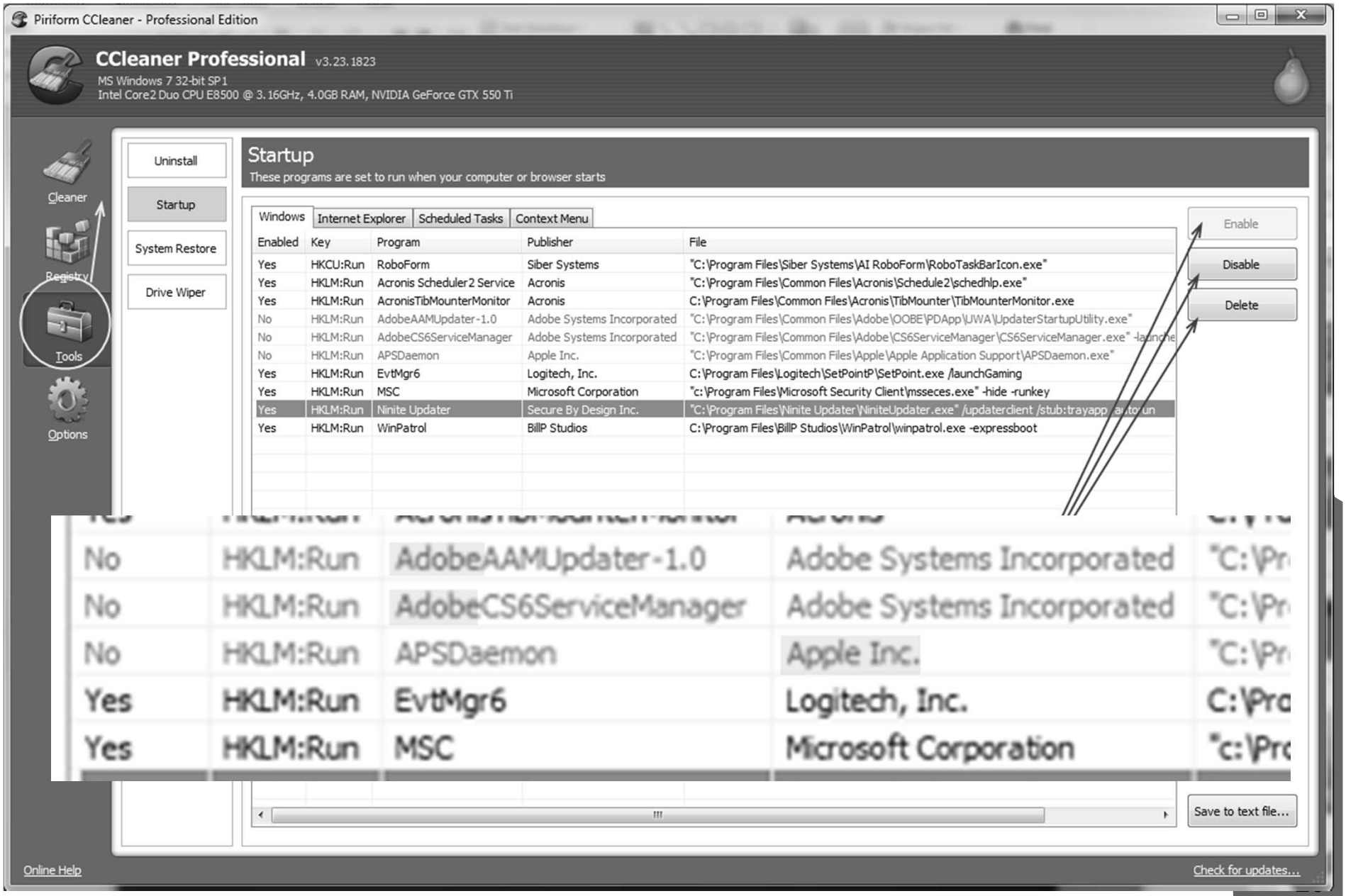
CCleaner Professional v3.23.1823
MS Windows 7 32-bit SP1
Intel Core2 Duo CPU E8500 @ 3.16GHz, 4.0GB RAM, NVIDIA GeForce GTX 550 Ti
Cleaner
Registry
Tools
Options
Windows
Applications
Internet Explorer
Temporary Internet Files
History
Cookies
Recently Typed URLs
Index.dat files
Last Download Location
Autocomplete Form History
Saved Passwords
Windows Explorer
Recent Documents
Run (in Start Menu)
Search Autocomplete
Other Explorer MRUs
Thumbnail Cache
Taskbar Jump Lists
Network Passwords
System
Empty Recycle Bin
Temporary Files
Clipboard
Memory Dumps
Chkdsk File Fragments
Windows Log Files
Windows Error Reporting
DNS Cache
Font Cache
Start Menu Shortcuts
Desktop Shortcuts
Advanced
Old Prefetch data
Menu Order Cache
Tray Notifications Cache
Window Size/Location Cache
Environment Path
User Assist History
IIS Log Files
Custom Files and Folders
Wipe Free Space
100%
CLEANING COMPLETE - (11.494 secs)
369 MB removed.
Details of files deleted
Internet Explorer - Temporary Internet Files 234,770 KB 5,126 files
Internet Explorer - History 259 KB 7 files
Internet Explorer - Cookies 80 KB 279 files
Internet Explorer - Index.dat files 736 KB 3 files
Windows Explorer - Thumbnail Cache 5,127 KB 6 files
System - Temporary Files 2,576 KB 67 files
System - Windows Log Files 1,061 KB 7 files
Applications - Adobe Acrobat 9.0 26 KB 1 files
Applications - Google Earth 131,285 KB 2 files
Applications - Office 2010 54 KB 8 files
Multimedia - Adobe Flash Player 2 KB 27 files
Multimedia - Windows Media Player 1 KB 1 files
Windows - MS AntiMalware 428 KB 57 files
Windows - MS Search 1,024 KB 1 files
Analyze
Run Cleaner
Online Help
Check for updates...


Piriform CCleaner - Professional Edition
CCleaner Professional v3.23.1823
MS Windows 7 32-bit SP1
Intel Core2 Duo CPU E8500 @ 3.16GHz, 4.0GB RAM, NVIDIA GeForce GTX 550 Ti
Cleaner
Registry
Tools
Options
Registry Cleaner
Missing Shared DLLs
Unused File Extensions
ActiveX and Class Issues
Type Libraries
Applications
Fonts
Application Paths
Help Files
Installer
Obsolete Software
Run At Startup
Start Menu Ordering
MUI Cache
Sound Events
Windows Services
100%
Problem
Data
Registry Key
ActiveX/COM Issue
Missing TypeLib Reference
Scan for Issues
When it has finished running, click here.
Fix selected issues...
Online Help
Check for updates...


Piriform CCleaner - Professional Edition
CCleaner Professional v3.23.1823
MS Windows 7 32-bit SP1
Intel Core2 Duo CPU E8500 @ 3.16GHz, 4.0GB RAM, NVIDIA GeForce GTX 550 Ti
Cleaner
Registry
Tools
Options
Uninstall
Startup
System Restore
Drive Wiper
Startup
These programs are set to run when your computer or browser starts
Windows
Internet Explorer
Scheduled Tasks
Context Menu
Enable
Disable
Delete
Enabled Key Program Publisher File
Yes HKCU:Run RoboForm Siber Systems "C:\Program Files\Siber Systems\AI RoboForm\RoboTaskBarIcon.exe"
Yes HKLM:Run Acronis Scheduler2 Service Acronis "C:\Program Files\Common Files\Acronis\Schedule2\schedhlp.exe"
Yes HKLM:Run AcronisTibMounterMonitor Acronis C:\Program Files\Common Files\Acronis\TibMounter\TibMounterMonitor.exe
No HKLM:Run AdobeAAMUpdater-1.0 Adobe Systems Incorporated "C:\Program Files\Common Files\Adobe\OOBE\PDApp\UWA\UpdaterStartupUtility.exe"
No HKLM:Run AdobeCS6ServiceManager Adobe Systems Incorporated "C:\Program Files\Common Files\Adobe\CS6ServiceManager\CS6ServiceManager.exe" -launche
No HKLM:Run APSDaemon Apple Inc. "C:\Program Files\Common Files\Apple\Apple Application Support\APSDaemon.exe"
Yes HKLM:Run EvtMgr6 Logitech, Inc. C:\Program Files\Logitech\SetPointP\SetPoint.exe /launchGaming
Yes HKLM:Run MSC Microsoft Corporation "c:\Program Files\Microsoft Security Client\msseces.exe" -hide -runkey
Yes HKLM:Run Ninite Updater Secure By Design Inc. "C:\Program Files\Ninite Updater\NiniteUpdater.exe" /updaterclient /stub:trayapp /autorun
Yes HKLM:Run WinPatrol BillP Studios C:\Program Files\BillP Studios\WinPatrol\winpatrol.exe -expressboot
No HKLM:Run AdobeAAMUpdater-1.0 Adobe Systems Incorporated "C:\Pr
No HKLM:Run AdobeCS6ServiceManager Adobe Systems Incorporated "C:\Pr
No HKLM:Run APSDaemon Apple Inc. "C:\Pr
Yes HKLM:Run EvtMgr6 Logitech, Inc. C:\Pro
Yes HKLM:Run MSC Microsoft Corporation "c:\Pro
Save to text file...
Online Help
Check for updates...

If you see any of these words:

- Update
- Updt
- Adobe
- Apple
- Real
- QuickTime
- iTunes
- Ccleaner
- Sched
- Java

If you are not sure - “Disable” them…

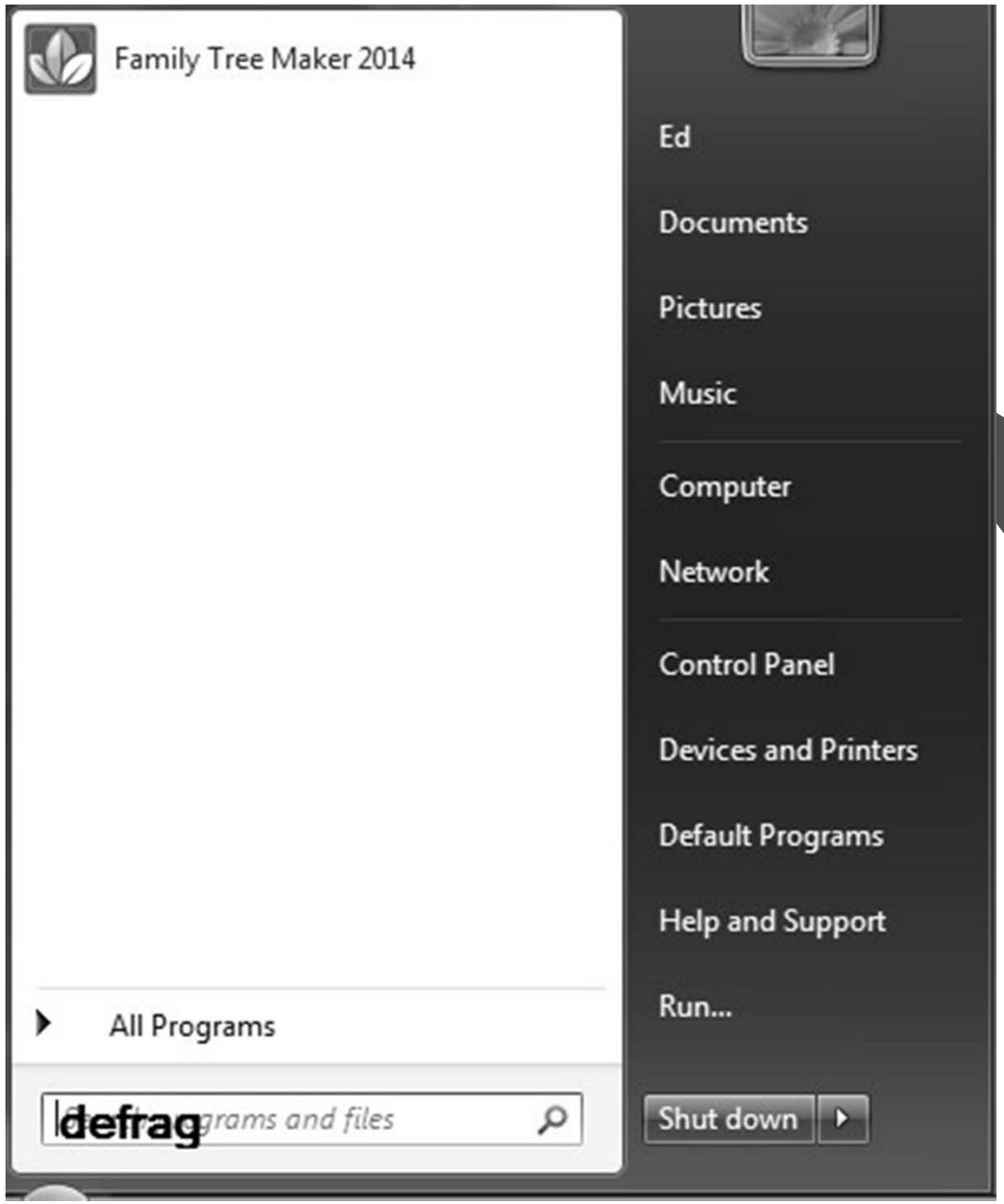
The last thing you do is

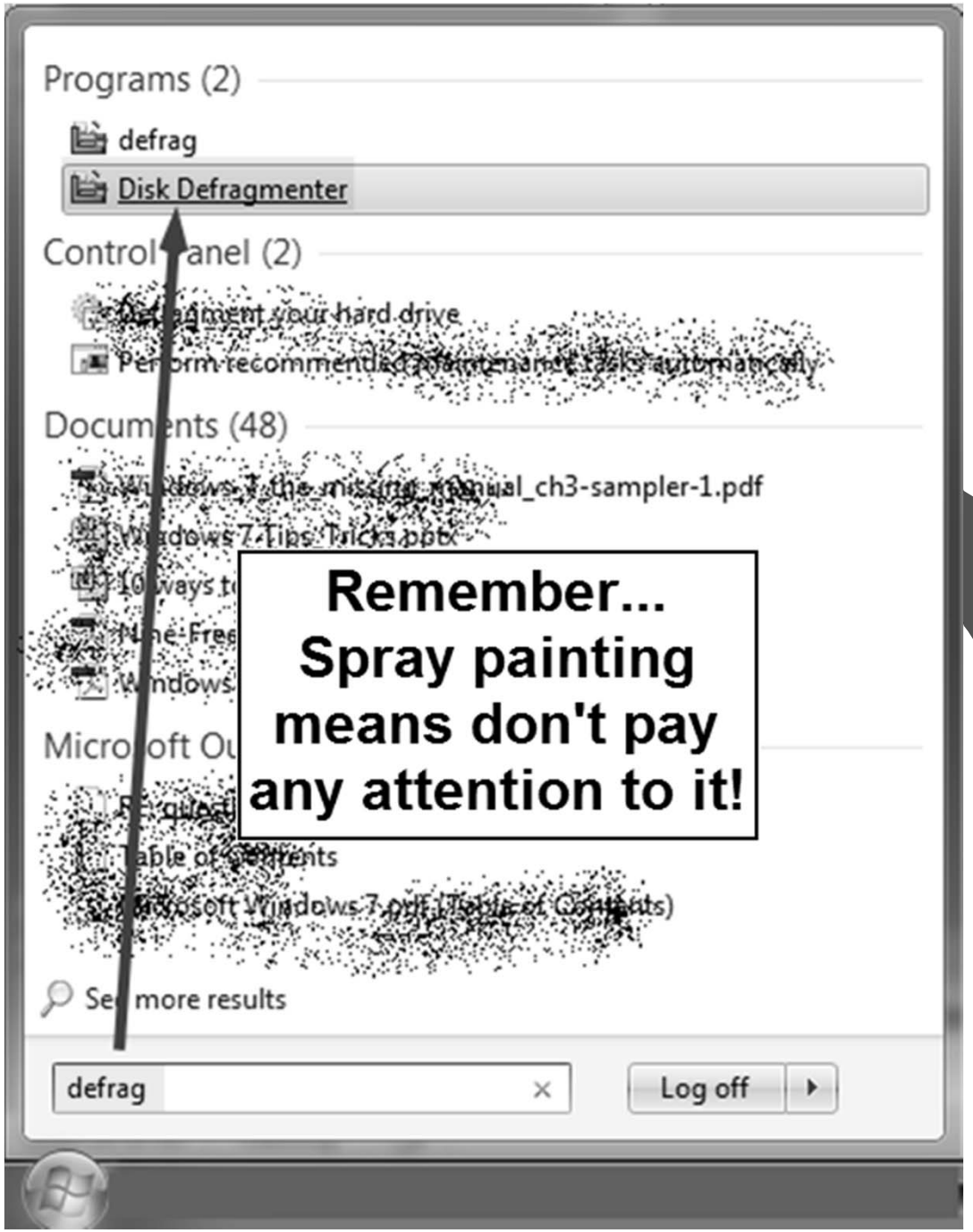
“defrag”

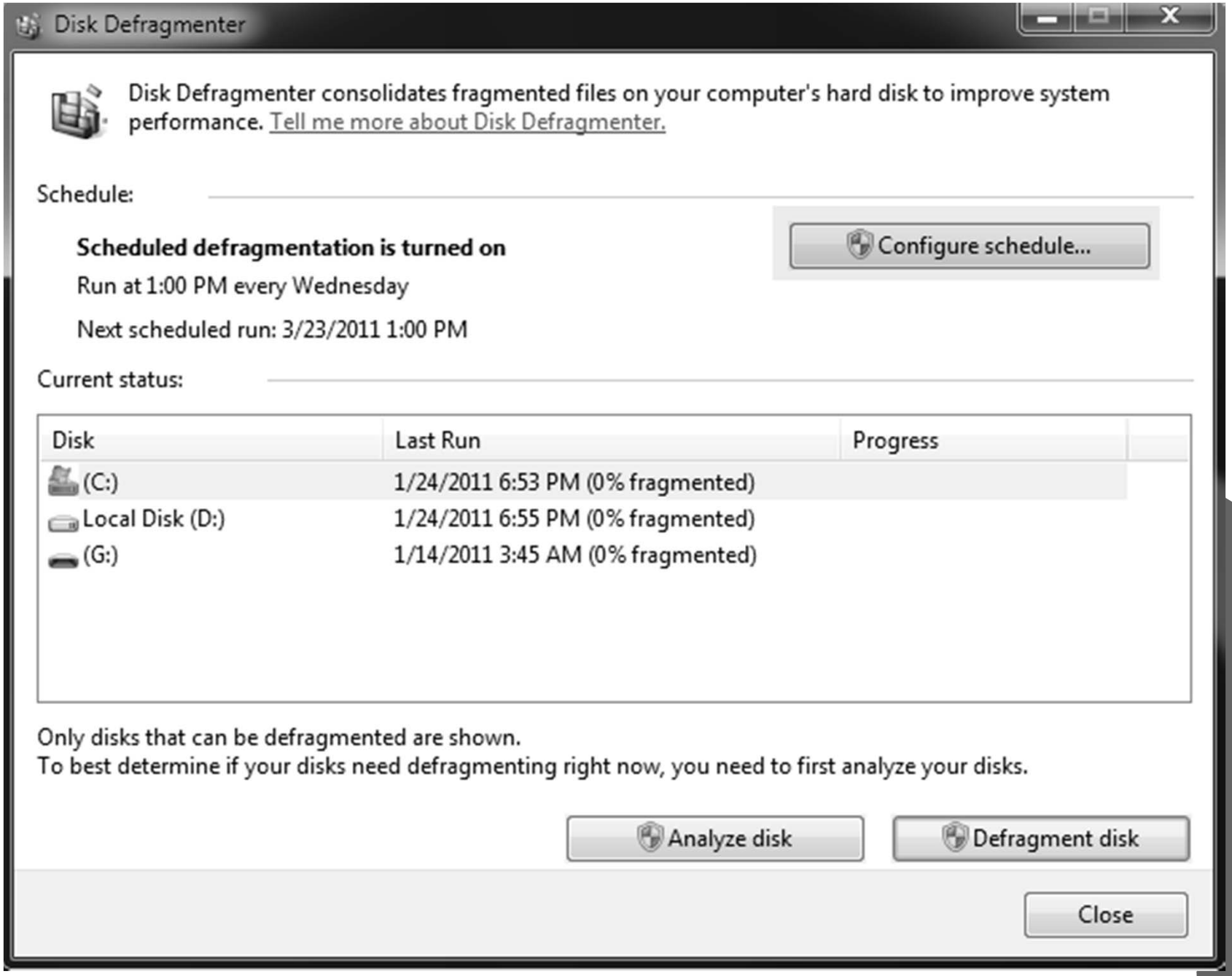
your hard drive.

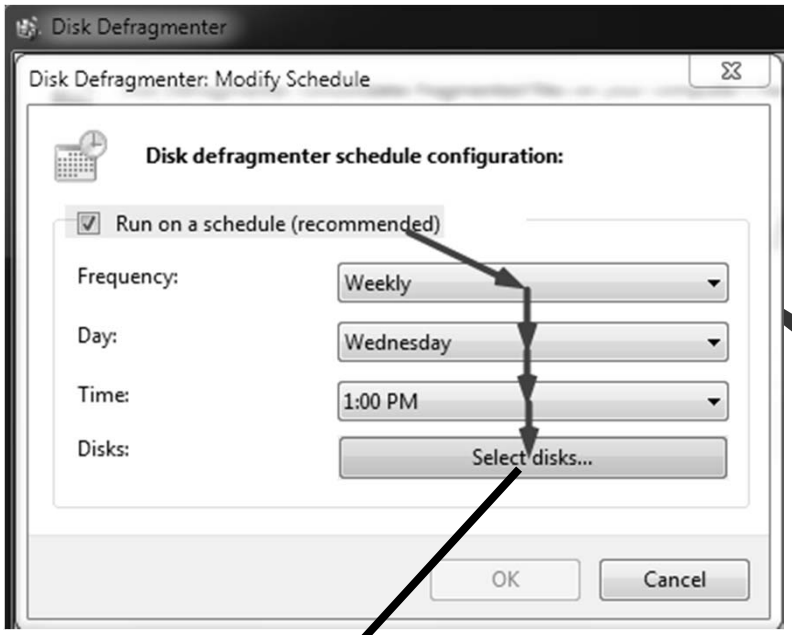
For XP

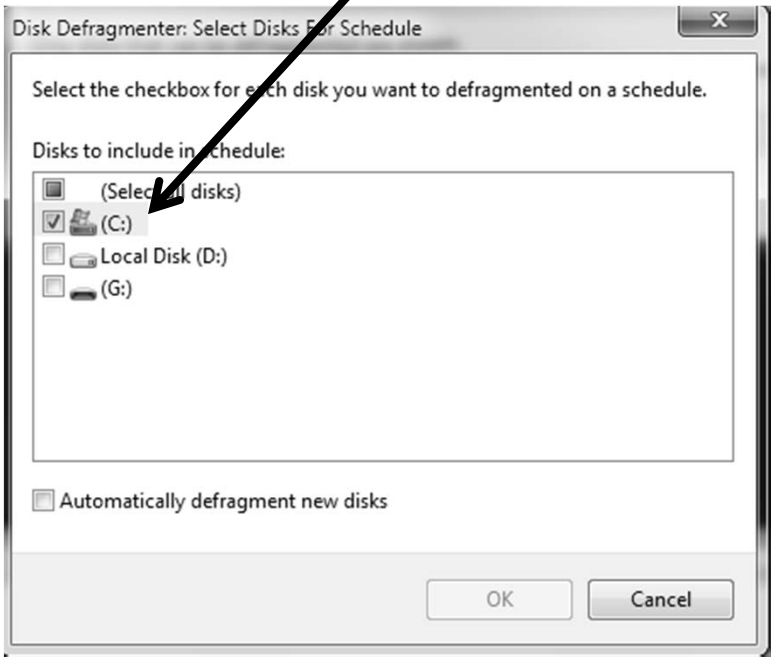
Adminis
Accessories
Adobe
Bridgewood Design
File Tools
Finance
Games
HyperCam 2
HyperSnap 6
Microsoft Apps
Music and CD
Networking
Personal Apps
Scanning
Startup
System Tools
All Programs
Accessibility
Communications
Entertainment
System Tools
Address Book
Calculator
Command Prompt
Notepad
Paint
Program Compatibility Wizard
Scanner and Camera Wizard
Synchronize
Tour Windows XP
Windows Explorer
WordPad
Backup
Character Map
Disk Cleanup
Disk Defragmenter
Files and Settings Transfer Wizard
Internet Explorer (No Add-ons)
Scheduled Tasks
Security Center
System Information
System Restore
Log Off
Turn Off Computer
start


Family Tree Maker 2014
Ed
Documents
Pictures
Music
Computer
Network
Control Panel
Devices and Printers
Default Programs
Help and Support
Run...
All Programs
defrag
Shut down


Programs (2)
defrag
Disk Defragmenter
Control Panel (2)
Documents (48)
Remember...
Spray painting
means don't pay
any attention to it!
See more results
defrag
Log off


Disk Defragmenter
Disk Defragmenter consolidates fragmented files on your computer's hard disk to improve system performance. Tell me more about Disk Defragmenter.
Schedule:
Scheduled defragmentation is turned on
Run at 1:00 PM every Wednesday
Next scheduled run: 3/23/2011 1:00 PM
Configure schedule...
Current status:
Disk
Last Run
Progress
(C:)
1/24/2011 6:53 PM (0% fragmented)
Local Disk (D:)
1/24/2011 6:55 PM (0% fragmented)
(G:)
1/14/2011 3:45 AM (0% fragmented)
Only disks that can be defragmented are shown.
To best determine if your disks need defragmenting right now, you need to first analyze your disks.
Analyze disk
Defragment disk
Close





This works with Vista, Win 7 and Win 8(.1)only!

You are finished!

?

Questions

?

New Policy in 2014

- All class registration (with the exception of Basic and Introduction) will be online.
- All payments for classes will be online.
- Payments will be processed by PayPal.

Who and What is PayPal?

- PayPal is a widely used banking and payment company.
- Originally established for payments on eBay transactions.
- There is no cost to the payer.

Two ways to use PayPal when registering:

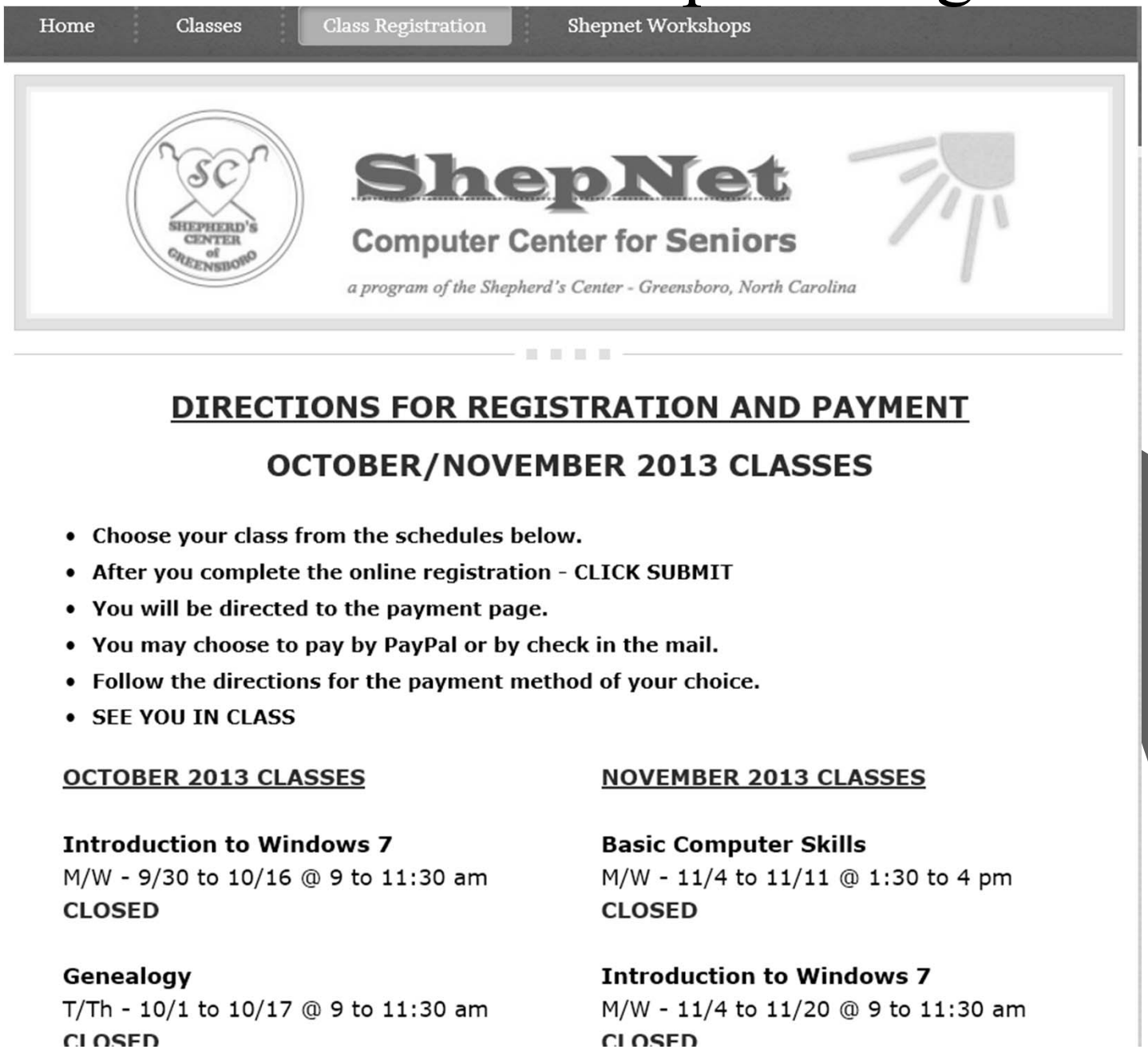
- Use your credit/debit card through PayPal.
- Use your PayPal account to pay.

Shepherd's Center has been using PayPal for donations for many years.

ShepNet has been using PayPal for a year now.

[the Shepherd's Center pays a small fee for each transaction.]

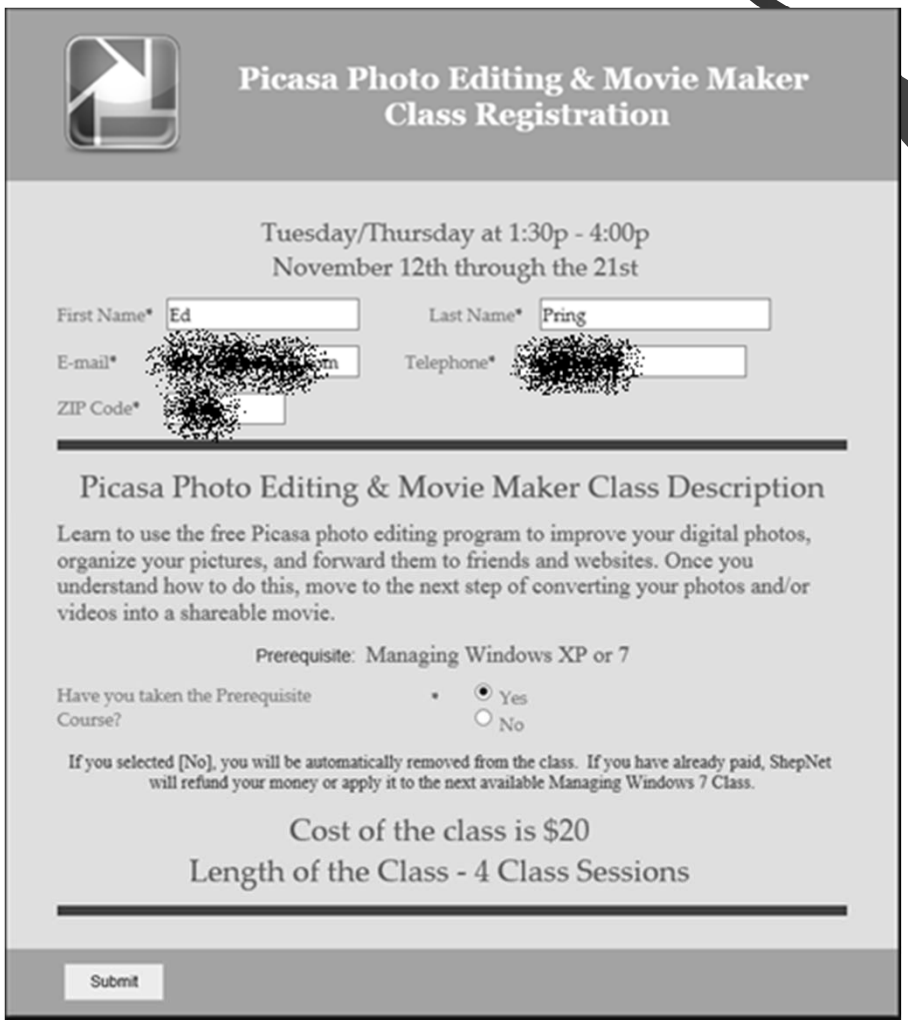
How does it work with ShepNet Registration?



Picasa Photo Editing and Windows Live Movie Maker

T/Th - 11/12 to 11/21 @ 1:30 to 4 pm

Click HERE to register



Picasa Photo Editing & Movie Maker Class Registration

Tuesday/Thursday at 1:30p - 4:00p
November 12th through the 21st

First Name* Ed Last Name* Pring

E-mail* [redacted] Telephone* [redacted]

ZIP Code* [redacted]

Picasa Photo Editing & Movie Maker Class Description

Learn to use the free Picasa photo editing program to improve your digital photos, organize your pictures, and forward them to friends and websites. Once you understand how to do this, move to the next step of converting your photos and/or videos into a shareable movie.

Prerequisite: Managing Windows XP or 7

Have you taken the Prerequisite Course? * (•) Yes ( ) No

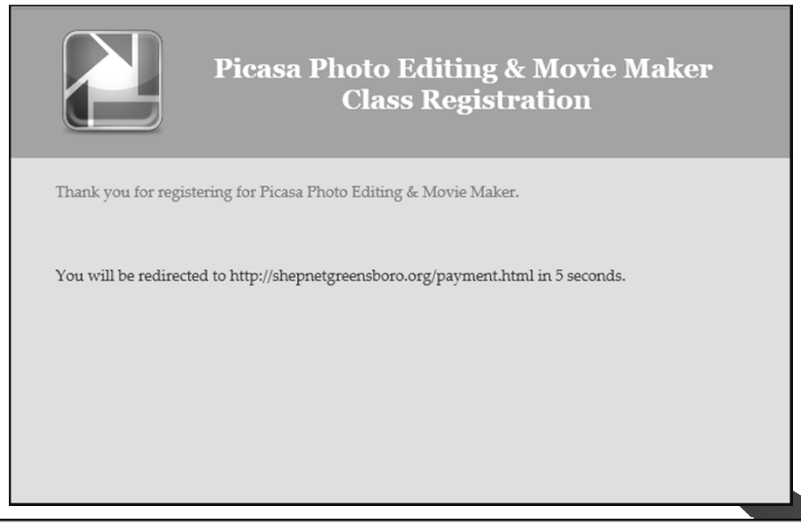
If you selected [No], you will be automatically removed from the class. If you have already paid, ShepNet will refund your money or apply it to the next available Managing Windows 7 Class.

Cost of the class is $20
Length of the Class - 4 Class Sessions

Submit

Thank you for registering for Picasa Photo Editing & Movie Maker.

You will be redirected to http://shepnetgreensboro.org/payment.html in 5 seconds.



REGISTRATION PAYMENT

PAY WITH PAY PAL

YOU DO NOT NEED A PAY PAL ACCOUNT TO PAY WITH PAY PAL. ALL YOU NEED IS A CREDIT CARD OR A DEBIT CARD. PAYPAL ALLOWS NON-MEMBERS TO USE PAYPAL.

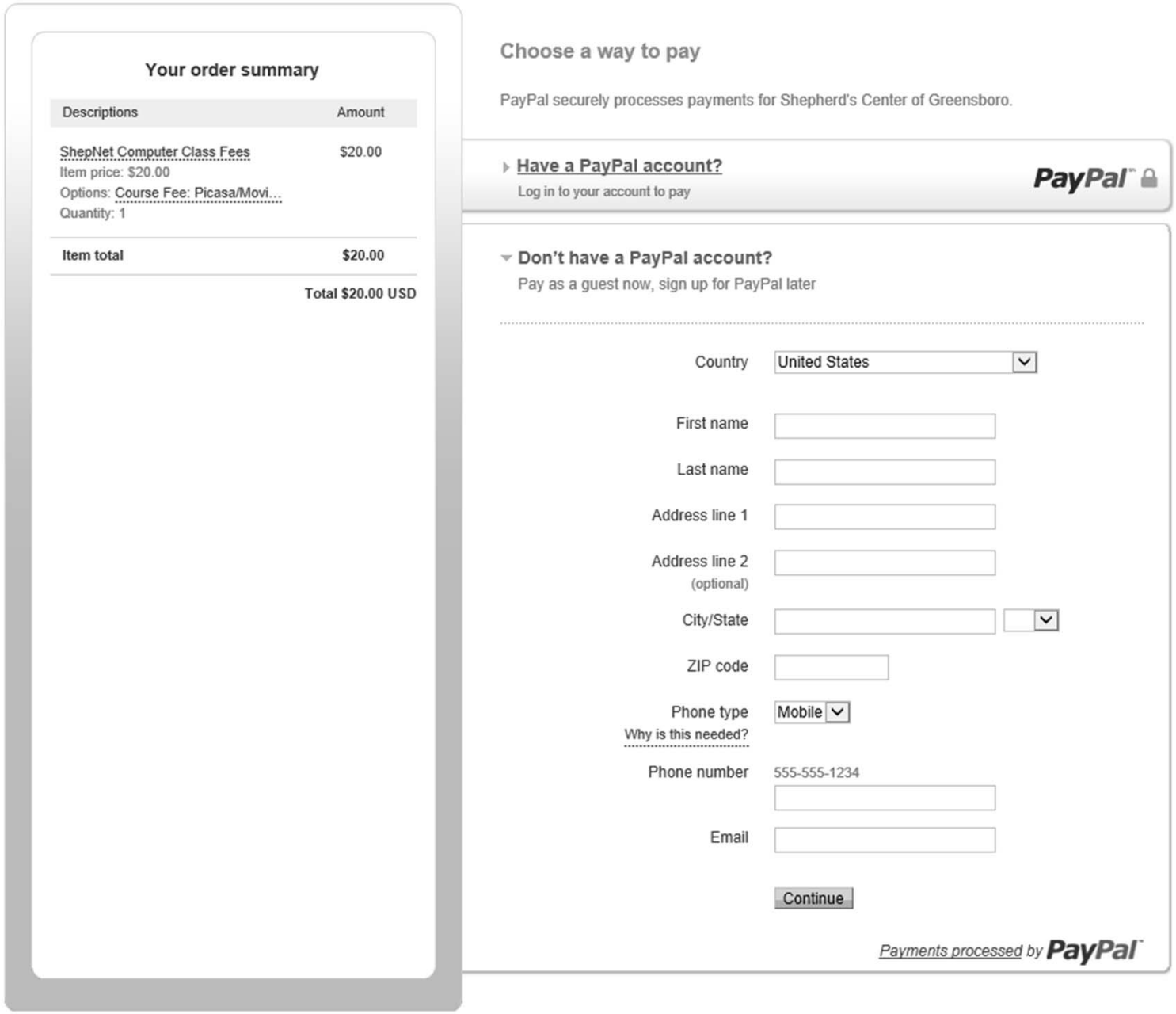
PAY PAL IS A SAFE AND SECURE ENCRYPTED BANKING SERVICE

Click on the arrow in the box below. A menu of all the Shepnet courses will appear. Select your course and then click "Pay Now."

FOLLOW THE PAY PAL INSTRUCTIONS.

FOLLOW THE PAY PAL INSTRUCTIONS.

Shepherd's Center of Greensboro



Why are we doing this?

We are all volunteers.

Shepherd's Center has no full time employees.

It is a safe and very easy way for students to pay.

CryptoLocker

- New form of malware being called ransomware.
- Extremely severe.
- How can I get it? ***…or not get it!***

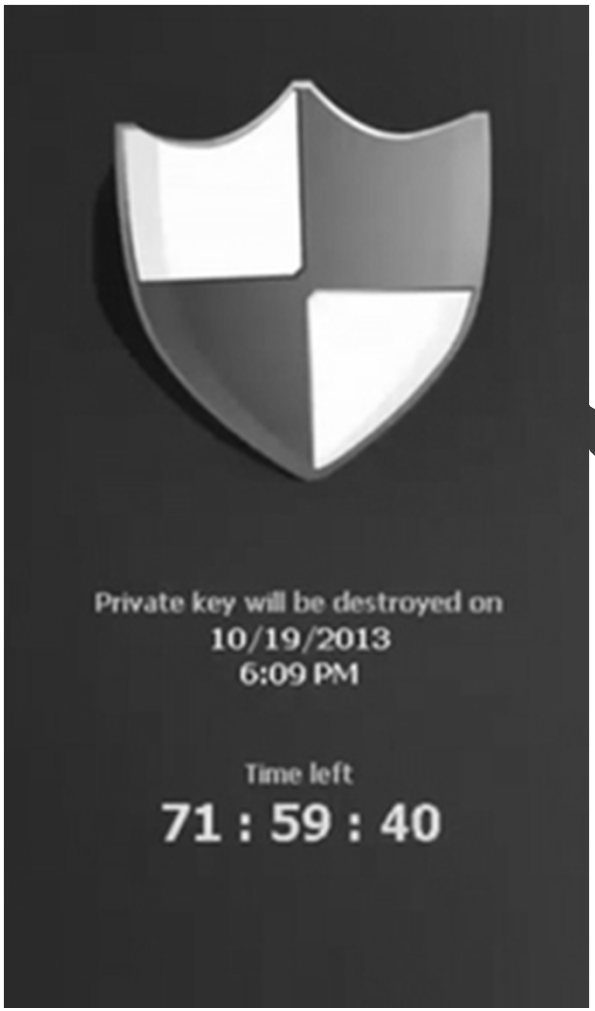
CryptoLocker is a malicious program that falls into a category of malware called ransomware. Once installed on a computer, ransomware applications typically prevent victims from accessing their files or even their operating system until they pay money to the malware authors.

How it actually works:

- CryptoLocker disguises itself to resemble a legitimate attachment connected to a seemingly genuine email from established companies.
- The attachment is disguised in a PDF form. This malware is able to save itself in the targeted computer's Documents and Settings folder with a random name.
- The payload then proceeds to encrypt files across local hard drives and mapped network drives. The process encrypts photos and other data files with certain extensions including Microsoft Office, Microsoft Excel, and Microsoft PowerPoint.'

Here is what they want:

- Once the encryption was completed, the program displays a message informing the user what has happened. In return for access to the private decryption key needed to decrypt the files, the message demands a payment of $300 be delivered to the hackers via an anonymous pre-paid cash voucher.


Private key will be destroyed on
10/19/2013
6:09 PM
Time left
71 : 59 : 40

What can you do to prevent infection?

- Keep antivirus and malware up-to-date.
- Be cautious of opening unsolicited email attachments or clicking on unknown links.
  - Especially about shipping from known companies.
  - Especially if it ends in *.pdf or *.pdf.exe.

Be alert and pay attention!

New Classes for 2014

Introduction to Windows 8.1 (6)

Managing Windows 8.1 (6)

Tablets (iPads and Androids) (3)

Smart phones (iPhones and Androids) (3)

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Questions

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ShepNet Computer Learning Center

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